Mark your response by placing a check mark, an "X," or completely filling in the circle:

✓ *or* ✗ *or* ●

1. How frequently does your current job require each of the following items?

	Never	Once a year or more but not every month	Once a month or more but not every week	Once a week or more but not every day	Every day
a. Face-to-face discussions with individuals and within teams	○	○	○	○	○
b. Public speaking (one speaker with an audience)	○	○	○	○	○
c. Telephone conversation	○	○	○	○	○
d. E-mail	○	○	○	○	○
e. Written letters and memos	○	○	○	○	○

2. How much <u>contact with others</u> (by telephone, face-to-face, or otherwise) is required to perform your current job?

- ○ No contact with others
- ○ Occasional contact with others
- ○ Contact with others about half the time
- ○ Contact with others most of the time
- ○ Constant contact with others

3. In your current job, how important are each of the following interactions?

	Not important at all	Fairly important	Important	Very important	Extremely important
a. Work with or contribute to a work group or team	○	○	○	○	○
b. Deal with external customers (as in retail sales) or the public in general (as in police work)	○	○	○	○	○
c. Coordinate or lead others in accomplishing work activities (<u>not</u> as a supervisor or team leader)	○	○	○	○	○

4. In your current job, how responsible are you for the following?

	No responsibility	Limited responsibility	Moderate responsibility	High responsibility	Very high responsibility
a. Health and safety of other workers	○	○	○	○	○
b. Work outcomes and results of other workers	○	○	○	○	○

5. How frequently do the following occur in your current job?

	Never	Once a year or more but not every month	Once a month or more but not every week	Once a week or more but not every day	Every day
a. Conflict situations	○	○	○	○	○
b. Dealing with unpleasant, angry, or discourteous people	○	○	○	○	○
c. Dealing with violent or physically aggressive people	○	○	○	○	○

6. How often does your current job require you to work in the following environments?

	Never	Once a year or more but not every month	Once a month or more but not every week	Once a week or more but not every day	Every day
a. Indoors in an environmentally controlled environment (like a warehouse with air conditioning)	○	○	○	○	○
b. In an environment that is not environmentally controlled (like a warehouse without air conditioning)	○	○	○	○	○
c. Outdoors, exposed to all weather conditions	○	○	○	○	○
d. Outdoors, under cover (like in an open shed)	○	○	○	○	○
e. In an open vehicle or operating equipment (like a tractor)	○	○	○	○	○
f. In a closed vehicle or operate enclosed equipment (like a car)	○	○	○	○	○

7. How physically close to other people are you when you perform your current job?

- ○ I don't work near other people (beyond 100 ft.)
- ○ I work with others but not closely (e.g., private office)
- ○ Slightly close (e.g., shared office)
- ○ Moderately close (at arm's length)
- ○ Very close (nearly touching)

8. In your current job, how often are you exposed to the following conditions?

	Never	Once a year or more but not every month	Once a month or more but not every week	Once a week or more but not every day	Every day
a. Sounds and noise levels that are distracting and uncomfortable	○	○	○	○	○
b. Very hot (above 90° F) or very cold (under 32° F) temperatures	○	○	○	○	○
c. Extremely bright or inadequate lighting conditions	○	○	○	○	○
d. Contaminants (such as pollutants, gases, dust, or odors)	○	○	○	○	○
e. Cramped work space that requires getting into awkward positions	○	○	○	○	○
f. Whole body vibration (like operating a jackhammer or earth moving equipment)	○	○	○	○	○

9. How often does your current job require that you be exposed to the following conditions?

	Never	Once a year or more but not every month	Once a month or more but not every week	Once a week or more but not every day	Every day
a. Radiation	○	○	○	○	○
b. Diseases or infection—*This can happen with workers in patient care, laboratory work, sanitation control, etc.*	○	○	○	○	○
c. High places—*This can happen for workers who work on poles, scaffolding, catwalks, or ladders longer than 8 feet in length*	○	○	○	○	○
d. Hazardous conditions—*This can happen when working with high-voltage electricity, flammable material, explosives, or chemicals. Do not include working with hazardous equipment*	○	○	○	○	○
e. Hazardous equipment—*This includes working with saws, close to machinery with exposed moving parts, or working near vehicular traffic (but not including driving a vehicle)*	○	○	○	○	○
f. Minor burns, cuts, bites, or stings	○	○	○	○	○

10. How much time in your current job do you spend doing each of the following?

	Never	Less than half the time	About half the time	More than half the time	Continually or almost continually
a. Sitting	○	○	○	○	○
b. Standing	○	○	○	○	○
c. Climbing ladders, scaffolds, poles, etc.	○	○	○	○	○
d. Walking or running	○	○	○	○	○
e. Kneeling, crouching, stooping, or crawling	○	○	○	○	○

11. How much time in your current job do you spend doing each of the following?

	Never	Less than half the time	About half the time	More than half the time	Continually or almost continually
a. Keeping or regaining your balance	○	○	○	○	○
b. Using your hands to handle, control, or feel objects, tools, or controls	○	○	○	○	○
c. Bending or twisting your body	○	○	○	○	○
d. Making repetitive motions	○	○	○	○	○

12. In your current job, how often do you wear each of the following?

	Never	Once a year or more but not every month	Once a month or more but not every week	Once a week or more but not every day	Every day
a. Common protective or safety equipment, such as safety shoes, glasses, gloves, hearing protection, hard hats, or life-jackets	○	○	○	○	○
b. Specialized protective or safety equipment, such as breathing apparatus, safety harness, full protection suits, or radiation protection	○	○	○	○	○

13. **How serious a mistake can you make on your current job (one you can't easily correct)?**

- ◯ Not serious at all
- ◯ Fairly serious
- ◯ Serious
- ◯ Very serious
- ◯ Extremely serious

14. **In your current job, what results do your decisions usually have on other people or the image or reputation or financial resources of your employer?**

- ◯ No results
- ◯ Minor results
- ◯ Moderate results
- ◯ Important results
- ◯ Very important results

15. **In your current job, how often do your decisions affect other people or the image or reputation or financial resources of your employer?**

- ◯ Never
- ◯ Once a year or more but not every month
- ◯ Once a month or more but not every week
- ◯ Once a week or more but not every day
- ◯ Every day

16. **In your current job, how much freedom do you have to make decisions without supervision?**

- ◯ No freedom
- ◯ Very little freedom
- ◯ Limited freedom
- ◯ Some freedom
- ◯ A lot of freedom

17. **How automated is your current job?**

- ◯ Not at all automated
- ◯ Slightly automated
- ◯ Moderately automated
- ◯ Highly automated
- ◯ Completely automated

18. **How important to your current job is being very exact or highly accurate?**

- ◯ Not important at all
- ◯ Fairly important
- ◯ Important
- ◯ Very important
- ◯ Extremely important

19. **How important to your current job are continuous, repetitive physical activities (like key entry) or mental activities (like checking entries in a ledger)?**
- ◯ Not important at all
- ◯ Fairly important
- ◯ Important
- ◯ Very important
- ◯ Extremely important

20. **How much freedom do you have to determine the tasks, priorities, or goals of your current job?**
- ◯ No freedom
- ◯ Very little freedom
- ◯ Limited freedom
- ◯ Some freedom
- ◯ A lot of freedom

21. **How competitive is your current job?**
- ◯ Not at all competitive
- ◯ Slightly competitive
- ◯ Moderately competitive
- ◯ Highly competitive
- ◯ Extremely competitive

22. **How often does your current job require you to meet strict deadlines?**
- ◯ Never
- ◯ Once a year or more but not every month
- ◯ Once a month or more but not every week
- ◯ Once a week or more but not every day
- ◯ Every day

23. **How important to your current job is keeping a pace set by machinery or equipment?**
- ◯ Not important at all
- ◯ Fairly important
- ◯ Important
- ◯ Very important
- ◯ Extremely important

24. **How regular is your work schedule at your current job?**
- ◯ Regular (established routine, set schedule)
- ◯ Irregular (changes with weather conditions, production demands, or contract duration)
- ◯ Seasonal (only during certain times of the year)

25. **How many hours do you work in a typical week on your current job?**
- ◯ Less than 40 hours
- ◯ 40 hours
- ◯ More than 40 hours