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FILED - USDC - FLMD - ORL

UNITED STATES DISTRICT COURT
MIDDLE DISTRICT OF FLORIDA
ORLANDO DIVISION

UNITED STATES OF AMERICA
Plaintiff,

v.

EMMET BOWENS, a/k/a Emmitt Bowens,
Defendant

Case No.: 6:21-cr-00141-RBD-EJK

SWORN DECLARATION IN SUPPORT OF PENDING MOTIONS

I, Emmet Bowens, also known as Emmitt Bowens, declare under penalty of perjury pursuant to 28 U.S.C. §1746 that the following statements are true and correct to the best of my knowledge and belief:

1. I am the Defendant in the above-captioned matter currently pending before the United States District Court for the Middle District of Florida.

2. I am currently detained at John E. Polk Correctional Facility located at 211 Eslinger Way, Sanford, Florida 32773 (Inmate ID #202500010733).

3. I have filed several motions challenging the legality of my continued detention and the procedural delays in this case, including motions for habeas corpus relief, review of the detention order, immediate release pending trial, and dismissal under the Speedy Trial Act.

4. The indictment in this matter was filed on November 10, 2021, and since that time the docket reflects numerous continuances, hearings, competency evaluations, and extended periods of delay before trial proceedings.

5. I respectfully assert my constitutional right to a speedy trial and believe that the prolonged delay reflected in the docket history has violated the protections afforded by the Speedy Trial Act and the Sixth Amendment to the United States Constitution.

6. I further believe that continued detention without conviction while these issues remain unresolved violates the Due Process Clause of the Fifth Amendment.

7. I respectfully request that the Court carefully review the motions filed in this case and grant the relief requested, including review of

the detention order, immediate release pending trial, and dismissal of the indictment where appropriate.

I declare under penalty of perjury that the foregoing is true and correct.

Executed on this 10 day of March, 2026.

Emmet Bowens

Emmet Bowens
a/k/a Emmitt Bowens
Defendant, Pro Se

John E. Polk Correctional Facility
211 Eslinger Way
Sanford, FL 32773
Inmate ID #: 202500010733