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NOV 05 2024

John T. Copenhaver, Jr.
Senior United States District Judge

October 25, 2024

To whom it may concern,

My name is Lindsey Meddings, I have been a teacher for fifteen years, and I am a wife and mother to three children. Gary Lomax is my father and I would like to provide the court with my recount of his moral and ethical character.

It has never been a question in my mind if I could call my Dad and lean on him for support. He has always been a loving, caring and involved parent in my life and I would not be the person I am today without the coaching and guidance he has given me as a child and continues to give me as an adult. He has taught me many things over the years and I know that no matter what struggles I come across, my Dad is only a phone call away and will drop everything to help when needed.

My Dad has always been an exceptional father to me and my siblings, but now he also plays a huge role in the lives of my three children. He goes above and beyond to be a positive role model in their lives and a supportive figure in their accomplishments. He never misses a chance to stand ringside as they show livestock, show them how to bait their fishing hook, or cheer them on in their extracurricular activities. My two youngest boys have recently started scouts and they cannot wait to share their experiences with their grandpa, who is an Eagle Scout. All of my kids are avid 4-H's and as soon as their livestock are born they are asking to facetime Pop-Paw and talk about their baby goats, because they know that their excitement and enthusiasm will be matched by their grandpa. My children look up to their grandfather and know that he is a constant figure in their lives that they are able to depend on no matter what.

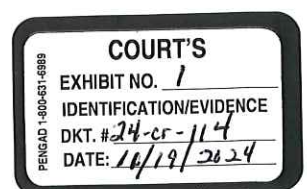
Additionally, my dad is a primary provider for my mother, who is battling an aggressive progression of her Multiple Sclerosis diagnosis. As my mother ages, she struggles to meet her basic needs and abilities to live without the additional care provided by my dad. He is always there with her to stabilize her as she walks, assist if she falls, and to help her work through her daily tasks, which prove to become more and more difficult to complete on her own.

As you can see, Gary is a dependable, selfless, hard working individual who positively impacts the lives of those around him. He never falters when asked to help provide for his wife, help his children and support his grandchildren.

If you have any additional questions, please do not hesitate to reach out.

Sincerely,

Lindsey Meddings
304-514-1564



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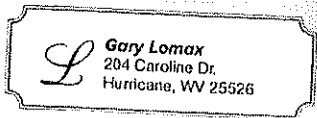
My name is Yvonne Litton, I have been with Gary since I was sixteen years old. We met in 1980 and was married in 1983. We have four children together Lindsey, James, Zackary and Jacob (twin boys) Lomax.

I was diagnosed with multiple Sclerosis in May 2004. I spent over a month in the hospital and rehab, learning to talk, walk and other various things that go along with this horrible disease. Since I am aging I am progressively getting worse, without help from Gary daily chores have become increasing hard. He does everything for me, such as cooking bringing me my meals as I cannot walk and carry my food. It has become increasing hard to do almost anything, such as bathing, bathroom trips, going to the store ect. He is my greatest asset, I am so thankful I have such a loving and caring man in my life. I also battle fatigue, so I take naps throughout the day, I also have a thyroid disease. MS has affected all parts of my life, without his help I don't know what I would do.

I am not able to drive most of the time so he also takes me to all my doctors appointments, along with managing his own doctors appointments. Without his help I would be lost. We have always stuck beside each other no matter what comes our way. When he went to the ICU with COVID it was the hardest thing I believe I've ever done. Not being able to be there for him was hard. He's always there for me, and I couldn't be there when he needed me. He is my rock.

Thank You

Yvonne Litton



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