

CARLSON RECOVERY CENTER

January 14, 2022

*Helping individuals, families and communities improve the quality of lives
for those with behavioral health and developmental challenges.*



CARLSON RECOVERY CENTER
471 Chestnut Street
Springfield, MA 01107
Voice: 413-733-1431
Facsimile: 413-272-1960
www.bhninc.org

Aticha Jittaphol

DOB: ~~01/15/1988~~**CONFIDENTIAL**

To Keith Halpern:

Per your request, I am writing this letter regarding Aticha's Federally mandated admission on 12.06.2021. She formulated treatment goals including taking better care of her health and mind by refraining from methamphetamine use, stopping methamphetamine use as it interfered with her work and personal life and discharging to Hope Center CSS even though she would rather not but she wanted to cooperate with her mandate.

She attended psychoeducational groups once she felt better and noted how moved she was by the life stories her peers shared. Aticha was polite, cooperative and participatory as reflected through her verbiage and demeanor. She successfully discharged to The Hope Center CSS on 12.13.21.

Sincerely,

Debi Dennis
Debi Dennis MS LADC1, Clinical Supervisor

Carlson Recovery Center

471 Chestnut Street

Springfield, Ma 01104

Carlson Recovery Center - Detox
Discharge Nursing

Session Information

Client: Jittaphol, Alicha (260293) ~~*****~~
 Staff: Epps, Tashonda (010063)
 Document Date: 12/13/2021
 Client Program: (Not Set)

Detox Discharge Summary--Nursing

Admission Date: 12/08/2021
 Discharge Date: 12/13/2021
 Did person receive methadone? ☐ Yes
☒ No
 Condition on Admission: cows=0
 Medications Person being discharged with: spironolactone 100mg
 Type of Discharge: Routine
 Administrative Review needed for future Admission to Detox? ☐ Yes
☒ No
 Details on Administrative Review:
 Condition at Discharge: client denies withdrawal symptoms
 Other Notes/Comments:

Goals Addressed

No goal(s) addressed were chosen

Goals Addressed: nursing goals addressed

Signatures

Signature #1: Tashonda Epps (No Primary Credential) - 12/13/2021 2:38 PM
 Signature #2: Alison TellierFox (Registered Nurse) - 1/4/2022 5:02 AM

Signature History

Action	Date	Staff
Document Signed	12/13/2021	Tashonda Epps (No Primary Credential)
Document Signed	1/4/2022	Alison TellierFox (Registered Nurse)

01/20/2022 15:14 #871 P.005/019

From:

Jittaphol, Alicha (260293)

1 of 1

Date Printed: 1/20/2022 12:38 PM

Carlson Recovery Center - Detox
Nursing Assessment

Session Information

Client: Jittaphol , Aticha (260293)
Staff: Schulz, Ronald (007144)
Document Date: 12/6/2021
Client Program: (Not Set)

Detox Nursing Admission Information

Date/Time : 12/06/2021
04:30 PM
Chief Concern: withdrawal
Degree of Intoxication
on Admission: Mild
Previous Admission: ☐ Yes
☒ No

Medical Information

Seizures: ☐ Yes
☒ No
Chronic Illness: ☐ Yes
☒ No
Diabetes: ☐ Yes
☒ No
Allergies: NKDA
Injury/Illness: denies
HCG Test? ☐ negative ☐ positive
Last Menstrual Period:
Past Medical History: On hormone replacement therapy for transitioning male to female
Medication, Dosage,
Route and Times per
day: spironolactone 100mg PO BID

Social History

Domiciled: ☐ Yes
☒ No
Employed: ☐ Yes
☒ No
Tobacco: ☐ Yes
☒ No

Psychiatric History

Psychiatric History:

Mental Status

Appearance: ☒ Alert
☐ Disheveled
☐ Lethargic
☐ Makes Eye Contact
☐ Older Than Stated Age
☐ Poor Hygiene

From:

01/20/2022 15:15

#871 P.007/019

Carlson Recovery Center - Detox
Nursing Assessment

Speech:

☐ Stuporous ☐ Well Groomed ☐ Younger Than Stated Age

☒ Clear ☐ Incoherent ☐ Slurred

☐ Delayed ☐ Loud ☐ Soft

☐ Excessive ☐ Pressured

Oriented to Person, Place and Time/Date:

☒ Yes ☐ No

Observed Affect:

Are the patient's thought processes intact?

☒ Yes ☐ No

Comments:

Toxicology Screen

Opiates: ☒ Negative ☐ Positive

Oxy's: ☒ Negative ☐ Positive

Methadone: ☒ Negative ☐ Positive

Benzodiazepines: ☒ Negative ☐ Positive

Suboxone: ☒ Negative ☐ Positive

Cocaine: ☒ Negative ☐ Positive

Comments: + methamphetamine

Substance Use/Addictive Behavior History

Does person report a history of, or current, substance use or other addictive behavior concerns?

☐ No ☒ Yes

Substance Use/Addictive Behavior History Addendum

Have you ever used	Age of First Use	Date of Last Use	Frequency	Amount	Method
Amphetamines/Stimulants	24	12/5	Daily/Multiple times/day	1 gram	☐ Oral ☒ Smoked ☐ Inhaled ☐ Injected ☐ Other

Substance Use/Addictive Behavior Service History

☒ None Reported

Toxicology Screen Completed:

☐ No ☒ Yes

+ methamphetamine

Other Addictive Behaviors:

☒ None Reported ☐ Gambling ☐ Tobacco

☐ Other

Longest period of abstinence:

Carlson Recovery Center - Detox
Nursing AssessmentAmerican Society of Addiction Medicine (ASAM) Degree of Severity at
Admission for the Following Dimensions☐ NA

Intoxication / Withdrawal / Potential	Biomedical Conditions / Complications	Emotional / Behavioral / Cognitive	Readiness to Change	Relapse / Continued Use Potential	Recovery Environment	Family Functioning (Youth Only)
---------------------------------------	---------------------------------------	------------------------------------	---------------------	-----------------------------------	----------------------	---------------------------------

For Persons considering an Opiate Treatment Program complete this box
☒ Not Applicable

Detox Physical Health Assessment

EENT: ☒ No problems reported ☐ Glasses ☐ Hearing Aid
☐ Abnormal Pupils ☐ Glaucoma ☐ Hearing Impairment
☐ Blurred Vision ☐ Vision Impairment ☐ Tinnitus
☐ Double Vision ☐ Dizziness ☐ Nasal Discharge
☐ Cataracts ☐ Ear Infection ☐ Other
☐ Contacts

Comments:

Cardiovascular: ☒ No Problems Reported ☐ History of Edema ☐ Myocardial Infarction
☐ Anemic ☐ History of chest pain ☐ Other
☐ Arrhythmia ☐ History of heart attack ☐ Pacemaker
☐ Congestive heart failure ☐ Hx of Heart Surgery ☐ Peripheral Artery Disease
☐ Coronary Artery Disease ☐ Hypertension ☐ Related Meds
☐ Heart Murmur

Comments:

Respiratory: ☒ No Problems Reported ☐ Emphysema ☐ Smoker—Current
☐ Asthma ☒ History of Smoking ☐ Steroid dependent
☐ Bi-pap machine ☐ Inhalant use ☐ Tuberculosis
☐ Bronchitis ☐ Other ☐ URI
☐ C pap machine ☐ Pneumonia ☐ Wheezing
☐ COPD ☐ Shortness of breath with minimal effort

Comments: smoking methamphetamine

Gastrointestinal: ☒ No Problems Reported ☐ Diarrhea ☐ Duodenal Ulcer
☐ Constipation Bowel Pattern ☐ Diverticulitis ☐ Gas

Jittaphol, Aticha (260293)

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Date Printed: 1/20/2022 12:39 PM

01/20/2022 15:15 #871 P.008/019

From:

Carlson Recovery Center - Detox
Nursing Assessment

Comments: ☐ Nausea ☐ Pain ☐ Vomiting
☐ Other ☐ Peptic Ulcer

Hepatic: ☒ No Problems Reported ☐ Hepatitis A ☐ Hepatitis C
Comments: ☐ Cirrhosis ☐ Hepatitis B ☐ Other

Genito-Urinary: ☒ Deferred
Comments:

Musculoskeletal: ☒ No Problems Reported ☐ Cramping ☐ Spinal Deformity
Comments: ☐ Abnormal Gait/Coordination ☐ Hx of Fractures ☐ Stiffness
☐ Arthritis ☐ Muscle Aches ☐ Weakness
☐ Back Injury/Surgery ☐ Other

Skin: ☐ No Problems Reported ☐ Infection at Injection Site ☐ Psoriasis
Comments: ☐ Acne ☐ Injection Site ☐ Rash
☐ Burns ☐ Lesions ☒ Tattoos
☐ Color ☐ Moist ☐ Temp
☐ Eczema ☐ Other ☐ Wounds
☐ Fungal Infection ☐ Piercings

Neurological: ☒ No Problems Reported ☐ Dizziness ☐ Migraines
Comments: ☐ Alzheimer's ☐ Epilepsy ☐ Other
☐ Decreased sensitivity ☐ Headaches ☐ Paralysis
☐ Delirium Tremens ☐ History of Head Trauma ☐ Syncope
☐ Dementia ☐ History of Stroke/ TIA ☐ Tremors
☐ Distractible ☐ History of loss of consciousness ☐ Weakness

Carlson Recovery Center - Detox
Nursing Assessment

Endocrine: ☐ No Problems Reported ☐ Hypothyroid ☐ Type I Diabetes
☒ Hormone Therapy ☐ Other ☐ Type II Diabetes
☐ Hyperthyroid
 Insulin Dependent? ☐ Yes
☐ No
 Comments: Male to female transition

Nutrition: ☒ No Problems Reported ☐ Dietary Needs ☐ Supplements Taken
☐ Appetite Decreased ☐ Food Allergies ☐ Weight Gain
☐ Appetite Increased ☐ Other ☐ Weight Loss
 Comments:

Sleep: ☐ No Problems Reported ☒ Insomnia ☐ Restless
☐ Daytime Napping ☐ Other ☐ Reverse Sleep Cycle
☐ Difficulty falling/staying asleep ☐ PRN/OTC Meds Used
 Comments:

Detox Risk Assessment

What are your plans after detox? work with probation
 How would you describe your mood now? okay
 Are you currently suicidal? denies
 Have you recently had suicidal ideation or self-harming behaviors? ☐ Yes
☒ No
 Do you feel safe now? yes
 Have you recently tried to kill yourself? ☐ Yes
☒ No
 In the past have you ever tried to kill yourself? ☐ Yes
☒ No
 Are you currently hearing voices that are telling you to hurt yourself or others? denies
 Is there anything going on on the outside that could make you feel suicidal? denies
 Have you had problems controlling your anger around other people? ☐ Yes
☒ No
 Have you ever engaged in violent behavior, or hurt others physically? denies

Carlson Recovery Center - Detox
Nursing Assessment

Have you ever been
discharged from a
program like this one
due to your behavior? :

☐ Yes
☐ No

Recommendations:

Based on the
information gathered,
the patient will be:
If patient is not safe for
admission, was patient
sent to ED?
Other Information:

☐ Recommended for an EATS bed
☒ Recommended for straight detox
☐ Sent to ED for further evaluation

**Client DSM Diagnosis as of 12/6/2021
04:57 PM**

Client: Jittaphol, Aticha (260293) 12/6/2021
Effective Date/Time: 12/6/2021 04:57 PM
External Diagnosis: No
Diagnosed By: Schulz, Ronald (007144)
Comments:

DSM-5	Severity/Specifier	Diagnosis		
		ICD-10	SNOMED	Comments
F15.20 - Stimulant Use Disorder, Severe, Amphetamine- type substance		F15.20 - Other stimulant dependence, uncomplicated	442406005	

The Diagnoses above display in priority order.

Psychosocial and Contextual Factors

ICD-10 Code - Description	Comments
Z64.4 - Discord With Social Service Provider, Including Probation Officer, Case Manager, or Social Services Worker	

Diagnostic Formulation

No records found.

Signatures

Signature #1: Ronald Schulz (Registered Nurse) - 12/6/2021 5:06 PM

Signature History

Action	Date	Staff
Document Signed	12/6/2021	Ronald Schulz (Registered Nurse)

Carlson Recovery Center - Detox
Nursing Progress Note

Session Information

Client:	Jittaphol , Aticha (260293)
Staff:	Schulz, Ronald (007144)
Document Date:	12/6/2021
Client Program:	(Not Set)

Detox Nursing Progress Note

Date/Time: 12/06/2021

05:00 PM

Details: 32 year old female admitted for detox from methamphetamine from federal probation

Utox positive methamphetamine only

Med hx Hepatitis B
psych hx - anxietyClient is on spironolactone 100mg PO BID (client brought) and estrogen patch
(client did not bring)
MassPAT - nothing

Client currently on no protocol as they are here for methamphetamine only-RSRN

Signatures

Signature #1: Ronald Schulz (Registered Nurse) - 12/6/2021 5:12 PM

Signature History

Action	Date	Staff
Document Signed	12/6/2021	Ronald Schulz (Registered Nurse)

01/20/2022 15:15

#871 P.013/019

Carlson Recovery Center - Detox
Nursing Progress Note

Session Information

Client:	Jittaphol , Aticha (260293)
Staff:	Owusu, Sonia (010062)
Document Date:	12/7/2021
Client Program:	(Not Set)

Detox Nursing Progress Note

Date/Time: 12/07/2021

04:59 AM

Details: Signs of life check completed. Sleeping during rounds. will continue to monitor

Signatures

Signature #1: Sonia Owusu (No Primary Credential) - 12/7/2021 4:59 AM

Signature History

Action	Date	Staff
Document Signed	12/7/2021	Sonia Owusu (No Primary Credential)

Carlson Recovery Center - Detox
Nursing Progress Note

Session Information

Client:	Jittaphol , Aticha (260293)
Staff:	Bernazki, Sandra (003436)
Document Date:	12/8/2021
Client Program:	(Not Set)

Detox Nursing Progress Note

Date/Time: 12/08/2021

03:28 AM

Details: Signs of life checks being completed. Assessed for wd sx throughout the night.
Offers n/c. Observed resting in bed. Will continue to monitor.

Signatures

Signature #1: Sandra Bernazki (LPN) - 12/8/2021 3:28 AM

Signature History

Action	Date	Staff
Document Signed	12/8/2021	Sandra Bernazki (LPN)

Carlson Recovery Center - Detox
Nursing Progress Note

Session Information

Client:	Jittaphol , Aticha (260293)
Staff:	Bernazki, Sandra (003436)
Document Date:	12/9/2021
Client Program:	(Not Set)

Detox Nursing Progress Note

Date/Time: 12/09/2021

01:48 AM

Details: Signs of life checks being completed. Assessed for wd sx throughout the night.
Offers n/c. Observed resting in bed. Will continue to monitor.

Signatures

Signature #1: Sandra Bernazki (LPN) - 12/9/2021 1:49 AM

Signature History

Action	Date	Staff
Document Signed	12/9/2021	Sandra Bernazki (LPN)

Carlson Recovery Center - Detox
Nursing Progress Note**Session Information**

Client:	Jittaphol, Aticha (260293)
Staff:	Bernazki, Sandra (003436)
Document Date:	12/10/2021
Client Program:	(Not Set)

Detox Nursing Progress Note

Date/Time: 12/10/2021

02:25 AM

Details: Signs of life checks being completed. Assessed for wd sx throughout the night. Offers n/c. Observed resting in bed. Will continue to monitor.

Signatures

Signature #1: Sandra Bernazki (LPN) - 12/10/2021 2:27 AM

Signature History

Action	Date	Staff
Document Signed	12/10/2021	Sandra Bernazki (LPN)

01/20/2022 15:16 #871 P.016/019

From:

Jittaphol, Aticha (260293)

1 of 1

Date Printed: 1/20/2022 12:39 PM

Carlson Recovery Center - Detox
Nursing Progress Note**Session Information**

Client:	Jittaphol, Aticha (260293)
Staff:	Owusu, Sonia (010062)
Document Date:	12/11/2021
Client Program:	(Not Set)

Detox Nursing Progress Note**Date/Time:** 12/11/2021

04:16 AM

Details: Signs of life check completed. Sleeping during rounds. will continue to monitor**Signatures****Signature #1:** Sonia Owusu (No Primary Credential) - 12/11/2021 4:18 AM**Signature History**

Action	Date	Staff
Document Signed	12/11/2021	Sonia Owusu (No Primary Credential)

01/20/2022 15:16 #871 P.017/019

From:

Jittaphol, Aticha (260293)

1 of 1

Date Printed: 1/20/2022 12:39 PM

Carlson Recovery Center - Detox
Nursing Progress Note

Session Information

Client:	Jittaphol , Aticha (260293)
Staff:	Jackson, Bethany (008786)
Document Date:	12/12/2021
Client Program:	(Not Set)

Detox Nursing Progress Note

Date/Time: 12/12/2021

04:16 AM

Details: Client in for crystal meth, client resting in room, safety checks completed, will continue to observe

Signatures

Signature #1: Bethany Jackson (LPN) - 12/12/2021 4:17 AM

Signature History

Action	Date	Staff
Document Signed	12/12/2021	Bethany Jackson (LPN)