

EXHIBIT B

**First State Orthopaedics**

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Clinical Office Note

Physician: Alexandre Mikhail PA-C

Patient Name: Adrienne Ponzo

Date of Birth : 01/09/1975

Age: 51

Encounter Date: 04/02/2026 12:06 PM

Entered By: Alexandre Mikhail PA-C

Patient in under our medical care. She is currently scheduled for a spine procedure with sedation on 4/20/26. She is scheduled to follow up on 5/14/26.

Alexandre Mikhail PA-C



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Lumbar/Cervical Facet Joint Block/Ablation

If you have a good diagnostic response to the facet joint injection, you may be a good candidate for radiofrequency ablation (facet joint ablation). This procedure uses a tiny needle to burn the nerve to the irritated joint. This procedure is performed under fluoroscopic guidance.

What is a Facet Joint?

Bones called vertebrae make up your spine. Each vertebrae has facets (flat surfaces) that touch where the vertebrae fit together. These form a structure called a facet joint on each side of the vertebrae.

PLEASE NOTE that some insurance require a repeat facet joint nerve block before radiofrequency ablation.

What are the Facet Joint Nerves?

Each facet joint in your back and neck has at least 2 medial branch nerves. They are part of the nerve pathway to and from each facet joint. Pain messages may then travel along the nerve pathway from the facet joint to your brain.

Radiofrequency ablation is a minimally-invasive procedure. Our facilities offer for a more thorough explanation of the procedure.

What is a Facet Joint Injection?

One or more of the facet joints in your back or neck can become inflamed (swollen or irritated). This may cause pain. During a facet joint injection, medication is injected into the inflamed joint. This treatment helps reduce inflammation or pain. It also is a diagnostic tool, confirming that the joint is the source of your pain. Pain relief will be short term. It is important that you keep a pain diary, rating your pain pre-procedure and post-procedure for the first day.

Consulting for each facility will be given when you schedule your appointment. Please review with us the full procedure.